



**BOMBAY  
ORTHOPAEDIC  
SOCIETY**

**INSTRUCTIONAL COURSE**

# **FOOT AND ANKLE COURSE**



**25 - 26 OCTOBER, 2024**

### **Venue**

Bharat Ratna Dr. Babasaheb Ambedkar Municipal General Hospital,  
Kandivali, Mumbai &  
Apollo Hospital, Belapur, Navi Mumbai

### **CONVENER**

**Dr. Sanjay Dhar**  
Mob: +91 9821219883

### **CO-CONVENERS**

**Dr. Amit Dhond**  
Mob: +91 9833977986

### **COURSE FEES**

BOS Member: Rs. 2,500 + Rs. 450 (18% GST) = **Rs. 2,950/-**  
BOS Non-Member: Rs. 5,000 + Rs. 900 (18% GST) = **Rs. 5,900/-**  
PG Student: Rs. 2,500 + Rs. 450 (18% GST) = **Rs. 2,950/-**

**MAXIMUM DELEGATES: 20**



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TO REGISTER**

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**Dr. Mohan Desai**  
Hon. President  
Bombay Orthopaedic Society

**Dr. Ashish Phadnis**  
Hon. Secretary  
Bombay Orthopaedic Society

## COURSE HIGHLIGHTS

1. Interactive sessions with experienced Seniors and esteemed National faculty
2. Didactic lectures covering all important pathologies of foot and ankle
3. Saw bone workshop
4. Recorded video presentations
5. Allied talk on:
  - A. Pain management
  - B. Physiotherapy
  - C. Orthotics

## PROGRAM

### DAY 1: OCTOBER 25, 2024

**Bharat Ratna Dr. Babasaheb Ambedkar Municipal General Hospital, Kandivali**

0800– 0900	Registration & Breakfast
0900 - 0930	Convener: <b>Dr. Amit Dhond</b>
0900 - 0915	Understanding Foot & Ankle Injuries Algorithms from Examination Room to Radiology: <b>Dr. Milind Surwade</b>
0915 - 0930	Radiology - Interpretation of Xray, CT Scan and MRI for Foot and Ankle Pathology: <b>Dr. Roopesh Deshmukh</b>
0930 - 0945	Inauguration Ceremony
	<b>INJURIES AROUND FOOT</b>
	Convener: <b>Dr. Sanjay Dhar</b>
0945 - 1000	Lisfranc Injury - How Not to Miss and Fixation Technique: <b>Dr. Pascal Deniese</b>
1000 - 1015	Talus Fracture - How and When to Fix: <b>Dr. Sunil Shetty</b>
1015 - 1030	Forefoot and Jones Fracture - Current Concepts, Conservative or Operative: <b>Dr. Dhruvin Sangoi</b>
1030 - 1100	Tendoachiles Rupture - Clinical Assessment, Evaluation, My Experience and Best Procedure Video Session: <b>Dr. Pradeep Moonot</b>
<b>1100 - 1115</b>	<b>COFFEE BREAK</b>
<b>1115 - 1145</b>	<b>WORKSHOP ON TA REPAIR</b>
	Convener: <b>Dr. Pranav Rathi</b>
1145 - 1200	Medial Malleolus Fractures - When and How to Fix: <b>Dr. Milind Surwade</b>
1200 - 1215	Posterior Malleolus - When and How to Fix: <b>Dr. Sachin Kale</b>
1215 - 1230	Lateral Malleolus - When and How to Fix: <b>Dr. Girish Motwani</b>
<b>1230 - 1330</b>	<b>LUNCH BREAK</b>
1330 - 1345	Complex Pilon Fractures: <b>Dr. Sanjay Dhar</b>
1345 - 1400	Role of Ilizarov in Primary Ankle Fractures: <b>Dr. Ajit Chalak</b>

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1400 - 1415	Ankle Replacement: <b>Dr. Pradeep Moonot</b>
1415 - 1445	Lateral Ligament Repair (ATFL) + Brostromgould Technique: <b>Dr. Abhishek Kini</b>
1445 - 1500	Deltoid Ligament Repair – When and How: <b>Dr. Girish Motwani</b>
1500 - 1515	Syndesmotic Injuries – Tightrope and Screw Fixation, Which is Better: <b>Dr. Gurunath Wachche</b>
1515 - 1545	Sawbone Workshop on Tightrope Fixation in Syndesmotic Injury
1545 - 1615	Physio - Sports Injuries and Rehabilitation in Ankle and Foot with Workshop for Taping in Acute Ankle Injuries: <b>Dr. Prachi Shah Arora</b>
1615 - 1700	Workshop on Damage Control Fixator In Compound Injuries: <b>Dr. Ajit Chalak</b>

## DAY 2: OCTOBER 26, 2024

Apollo Hospital, Navi Mumbai

0900 - 0930	Hallux Valgus Deformities (Video Session): <b>Dr. Dhruvin Sangoi</b> Evaluation & Planning My Method of Surgery
0930 - 1000	Pes Planus (Video Session): <b>Dr. Girish Motwani</b> Evaluation & Planning My Method of Surgery
1000 - 1030	Foot and Ankle Pain: Office Management: <b>Dr. Shyam Thakker</b> Assessment Current Therapies
1030 - 1100	Plantar Fascitis - My Way to Deal With: <b>Dr. Dhruvin Sangoi</b>
<b>1100 - 1115</b>	<b>COFFEE BREAK</b>
1115 - 1145	My Way to Treat Hagelund Deformity (Surgical Video with Discussion): <b>Dr. Gurunath Wachche</b> Calcaneum Fractures Video Session with Discussion
1145 - 1200	Surgical Techniques: <b>Dr. Shyam Thakker</b>
1200 - 1215	Sinus Tarsi Approach: <b>Dr. Girish Motwani</b>
1215 - 1230	My Way to Do Plating: <b>Dr. Gurunath Wachche</b>
1230 - 1300	Sawbone Workshop (Calcaneum Plating)
<b>1300 - 1400</b>	<b>LUNCH BREAK</b>
1400 - 1430	Pain Management in Chronic Foot and Ankle Pathologies (Video Demo): <b>Dr. Gaurav Kanade</b> Convener: <b>Dr. Sanjay Dhar</b>

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1430 - 1445	Approaches to Ankle for Arthrodesis: <b>Dr. Pascal Deniese</b>
1445 - 1500	Ankle Arthrodesis - Procedure: <b>Dr. Girish Motwani</b>
1500 - 1515	TTC Nail for Ankle Fusion: <b>Dr. Gurunath Wachche</b>
1515 - 1600	Saw Bone Workshop - TTC Nailing
1600 - 1630	Orthotics and Braces for Foot and Ankle Pathologies: <b>Dr. Pankaj Sinha</b>
<b>1630 - 1700</b>	<b>CERTIFICATE DISTRIBUTION</b>

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