# Sri Lanka **Orthopaedic Association**

16th Annual Academic Sessions 2024 "TRAIN - RETAIN - SUSTAIN..."





















#### PRESIDENT'S MESSAGE

Dear friends and colleagues,

It is with great pleasure we are announcing the annual academic sessions of the Sri Lanka orthopedic association 2024 To be held at the hotel Shangri-La Colombo from 7th to 9th November 2024.

This year we are excited to announce series of symposiums and Plenaries on all subspecialties of orthopedics including arthroplasty, arthroscopy, sports injuries, shoulder, hand and wrist, Foot and ankle, Spine, and paediatric orthopaedics. Will have an array of supplementary topics such as osteoporosis fragility fractures and research in orthopaedics.

We are honoured and Privileged to have have an eminent international and a local faculty for this meeting.

Eagerly looking forward to, welcoming you to Sri Lanka in November to take part in this exciting educational academic event.



Dr. Hiran Amarasekera President SLOA

**Dr. Suneth Chandratne** Secretary SLOA

Dr. Parakrama Dharmaratne Congress chair AAS SLOA 2024

Dr. Pradeep Amarasinghe **Congress Secretary** AAS SLOA 2024

















### **SLOA Annual Academic Sessions 2024**

**Day 01 - 07th November 2024 Inauguration Ceremony** 

05.45 PM Onwards Shangri-La Colombo

Day 02 - 08th November 2024 **Academic Sessions 1** 

07.30 AM Onwards Shangri-La Colombo

Day 03 - 09th November 2024 **Academic Sessions 2** 

07.30 AM Onwards Shangri-La Colombo















### Sri Lanka Orthopaedic Association Annual Academic Sessions - 2024

### Programme - Day 01

Friday, 08th November 2024

Tilday, oo	NOVCITIE	12027	
7.30 - 8.30	Free papers		
8.30 - 9.30	Symposium 1	Degenerative lumbar Spine	
		Sagittal Balance, myth or fact	Dr. Randolph Gray
		MIS vs Open TLIF How do I deal with high grade listheses?	Dr. S. Majooran Mr. David Cumming
		now do raedi witi riligir grade listrieses:	Mil. David Carriffling
9.30 - 9.45	Plenary 1	Periacetabular osteotomy	Prof. Damian Griffin
9.45 - 10.00	Plenary 2	Neglected trauma : A Sri Lankan perspective	Dr. H. J. Suraweera
10.00 - 10.45		Tea	
10.45 - 11.45	Symposium 2	Knee Arthroplasty	
		Evolving techniques in knee replacement	Mr. Sam Rajaratnam
		Kinematic alignment of the knee	Dr. Douglas B. Unis
		Nex Gen Robotics	Dr. Douglas B. Unis
11.45 - 12.00	Plenary 3	Use of artificial intelligence transcription	Dr. Gayan Padmasekara
12.00 - 12.15	Plenary 4	Advances in orthopaedic oncology	Prof. Paul Cool
12.15 - 12.30	Plenary 5	Statistics for research in orthopaedics	Prof. Paul Cool
12.30 - 12.45	Plenary 6	Management of prosthetic joint infections	Mr. Sam Rajaratnam
12.45 - 14.00	Lunch		
14.00 - 14.15	Plenary 7	Pearls and pitfalls in adult spine deformity correction	Mr. David Cumming
14.15 - 14.30	Plenary 8	Early onset scoliosis in syndromic kids	Dr. Randolph Gray
14.30 - 15.30	Symposium 3	Sports Orthopaedics	
		Posterior impingement of the ankle	Mr. Anthony Perera
		Preserve the meniscus	Dr. Aruna M. Seneviratne
		Athlete's Shoulder	Dr. Aruna M. Seneviratne
15.30 - 15.45	Plenary 9	Soft tissue cover in limb trauma	Dr. Carlos Prada
15.45 - 16.30	Tea		
16.30 - 16.45	Plenary 10	Pearls in pelvic fracture management	Prof. Mazood Umer
16.45 - 17.00	Plenary 11	Management options for Lower limb diaphysial bone defects: A Sri Lankan perspective	Dr. Chandana Herath
17.00 - 17.15	Plenary 12	Lisfranc injury	Dr. Vishnukanth Maheshwaren
17.15 - 17.30	Plenary 13	Tibial plateau fractures, how I do It.	Dr. K. Umapathy
17.30 - 18.30	AGM		Sec. 100 11













### Sri Lanka Orthopaedic Association Annual Academic Sessions - 2024

#### Programme - Day 02

Saturday, 09th November 2024

7.30 - 8.30	Free papers		
8.30 - 9.30	Symposium 4		
		Peripheral nerve compression	Mr. Chrishan Mariathas
		Flexor tendon injuries of the hand	Dr. Carlos Prada
		The Wrist - beyond sprains and strains	Dr. Melanie Amarasooriya
		Elbow instability	Mr. Pouya Akbari
9.30 - 9.45	Plenary 14	Superpath approach to the hip	Mr. Mike Cronin
9.45 - 10.00	Plenary 15	Anterior approach to the hip	Dr. Douglas B. Unis
10.00 - 10.45		Tea	
10.45 - 11.45	Symposium 5	Hip preservation	
		FAI	Mr. Mike Cronin
		Introduction to Hip Arthroscopy	Prof. Damian Griffin
		Arthroscopic Labral Repair	Prof. Damian Griffin
11.45 - 12.00	Plenary 16	Comprehensive management of femoral fractures in the elderly;	Dr. Hemal Senanayake
		surgery and beyond. A geriatric perspective	The second second
12.00 - 12.15	Plenary 17	"From First to None": Preventing the Second Fracture in Elderly Patients	Dr. Hemal Senanayake
12.15 - 12.30	Plenary 18	Broken and brittle bones : An endocrine perspective	Dr. Manilka Sumanathilaka
12.30 - 12.45	Plenary 19	MIS techniques for difficult paediatric supracondylar fractures of the humerus	Dr. Viraj Shingade
12.45 - 13.00	Plenary 20	Management of difficult foot deformities in the paediatric age grou	p Dr. Viraj Shingade
13.00 - 14.15	Lunch		
14.15 - 15.15	Symposium 6	Shoulder	
		Management of proximal humerus fractures	Mr. Pouya Akbari
		Application of radiofrequency ablation in the shoulder	Dr. Gayan Padmasekara
		Management of ACJ Dislocation	Mr. Malin Wijeratna
15.15 - 15.30	Plenary 21	Reverse shoulder - expected outcomes & complications	Mr. Malin Wijeratna
15.30 - 15.45	Plenary 22	Scaphoid fracture management	Mr. Martin Wood
15.45 - 16.00	Plenary 23	Patella instability	Prof. Amit Joshi
16.00 - 16.15	Plenary 14	Mastering forefoot surgery	Mr. Anthony Perera
16.15	Tea		
19.30	Banquet		















## **Registration for SLOA 2024**

#### **REGISTRATION FEES**

For International Delegates: 100\$

For Consultant: Rs. 5000/=

For Trainees: Rs. 2500/=

Link for registration:

https://srilankaortho.org/payments/















### SRI LANKA - SO MUCH IN SO LITTLE

Sri Lanka, a tropical island nation in South Asia, is set in the Indian Ocean and boasts a rich history that stretches back to ancient times. It is a land where the essence of Buddhism thrives and where nature's beauty remains untouched.

This small island offers travelers an extraordinary blend of breathtaking landscapes, pristine beaches, a fascinating cultural heritage, and unique experiences—all within a compact area. Covering just 65,610 square kilometers, Sri Lanka is home to 8 UNESCO World Heritage Sites, 1,330 kilometers of unspoiled coastline, 15 national parks teeming with wildlife, expansive tea plantations covering nearly 500,000 acres, 250 acres of botanical gardens, 350 waterfalls, and 25,000 water bodies. Its culture traces back over 2,500 years. Once called Serendib, Taprobane, the Pearl of the Indian Ocean, and Ceylon, this island is truly magical.













